

# POWER SERVE POPSICLES

PREP TIME: 10 MINUTES    COOK TIME: 0 MINUTES

TOTAL TIME: 15 MINUTES + FREEZING

## INGREDIENTS

1-1/2 cups raspberries or chopped strawberries	1/2 cup yogurt
1-1/2 cups chopped peaches	2 Tbsp. honey
	1 Tbsp. fresh lemon juice

## PREPARATION

1. Combine peaches, 2 Tbsp. yogurt, 2 tsp honey, and 1-1/2 tsp. Lemon juice in a blender. Blend peach mixture until pureed; transfer to a bowl.
2. Combine raspberries, 2 Tbsp. yogurt, 2 tsp honey, and 1-1/2 tsp. Lemon juice in a blender. Blend raspberry mixture until pureed; transfer to a bowl.
3. Stir together remaining 1/4 cup yogurt and remaining 2 tsp. honey.
4. Layer raspberry mixture, peach mixture, and yogurt mixture among six 3-ounce popsicle molds ending with a fruit puree. Drag a popsicle stick or small spoon vertically from the bottom to the top of the mold a few times to create a swirled pattern. Insert popsicle sticks and freeze until firm, at least 4 hours or overnight.



**TENNIS**  
CHANNEL

WESTERN & SOUTHERN OPEN  
AUG 14 - 20



SERVES  
**6**